

# The Stations of the Cross

Stand

Presider: OPENING PRAYER

Kneel

**ALL: Almighty and eternal Father, accept our prayer of thanksgiving for your Beloved Son, our Saviour and Lord. As we recall his Sacred Passion send the Spirit of Christ into our hearts, we beg You, so that whether we pray or work we might do all in union with Christ our Redeemer. Amen.**

Stand

## **FIRST STATION Jesus is condemned to death**

Presider: We adore You, O Christ, and we praise You.

**Genuflect**

**ALL: Because by your holy Cross You have redeemed the world.**

Presider: Mark 14, 61-64. PLEASE KNEEL

**ALL: (KNEEL AND PAUSE)**

**The kings of the earth rise up and the princes conspire together against the Lord and against his Anointed. I will proclaim the decree of the Lord; the Lord said to me: "You are my Son; this day I have begotten you. Ask of me and I will give you the nations for an inheritance and the ends of the earth for your possession." (Psalm 2, 2 & 7-8)**

Presider: Let us pray...

**ALL: Amen.**

Stand

## **SECOND STATION Jesus carries His Cross**

Presider: We adore You, O Christ, and we praise You.

**Genuflect**

**ALL: Because by your holy Cross You have redeemed the world.**

Presider: John 19, 14-17

**ALL: (KNEEL AND PAUSE)**

**Who would believe what we have heard? To whom has the arm of the Lord been revealed? He grew up like a sapling before him, like a shoot from the parched earth, there was in him no stately bearing to make us look at him, no appearance that would attract us to him. He was rejected and avoided by men, a man of suffering, accustomed to infirmity, one of those from whom men turn away, and we held him in no esteem. (Is. 53:1-3)**

Presider: Let us pray...

**ALL: Amen.**

Stand

## **THIRD STATION Jesus falls the first time**

Presider: We adore You, O Christ, and we praise You.

**Genuflect**

**ALL: Because by your holy Cross You have redeemed the world.**

Presider: John 15, 18-20

**ALL: (KNEEL AND PAUSE)**

**Why are your clothes red, and your garments like those of the wine presser? "The wine press I have trodden alone, and of my people there was no one with me. I trod them in my anger, and trampled them down in my wrath; their blood spurted on my garments and I stained all my clothes. I looked about, but there was no one to help, I was appalled that there was no one to lend support; so my own arm brought about the victory." (Is. 63:2-5)**

Presider: Let us pray...

**ALL: Amen.**

Stand

#### FOURTH STATION

##### Jesus meets his afflicted mother

Presider: We adore You, O Christ, and we praise You.

**Genuflect**

**ALL: Because by your holy Cross You have redeemed the world.**

Presider: John 19, 25-27

**ALL: (KNEEL AND PAUSE)**

**To what can I compare you, O daughter Jerusalem? What example can I show you for your comfort, Virgin daughter Sion? For great as the sea is your distress; who can heal you? (Lam. 2:13)**

Presider: Let us pray...

**ALL: Amen.**

Stand

#### FIFTH STATION

##### Simon of Cyrene helps Jesus carry His Cross

Presider: We adore You, O Christ, and we praise You.

**Genuflect**

**ALL: Because by your holy Cross You have redeemed the world.**

Presider: Mark 15, 20-22

**ALL: (KNEEL AND PAUSE)**

**With a loud voice I cry out to the Lord with a loud voice I beseech the Lord. My complaint I pour out before him; before him I lay bare my distress. When my spirit is faint within me you know my path. In the way along which I walk they have hid a trap for me. I look to the right to see, but there is no one who pays me heed I have lost all means of escape; there is no one who cares for my life. (Ps. 141:2-5)**

Presider: Let us pray...

**ALL: Amen.**

Stand

#### SIXTH STATION

##### Veronica wipes the face of Jesus

Presider: We adore You, O Christ, and we praise You.

**Genuflect**

**ALL: Because by your holy Cross You have redeemed the world.**

Presider: Matthew 25, 37-40

**ALL: (KNEEL AND PAUSE)**

**A faithful friend is a sturdy shelter; he who finds one finds a treasure. A faithful friend is beyond price, no sum can balance his worth. A faithful friend is a life-saving remedy, such as he who fears God finds; for he who fears God behaves accordingly, and his friend will be like himself. (Sirach 6:14-17)**

Presider: Let us pray...

**ALL: Amen.**

Stand

#### SEVENTH STATION

##### Jesus falls the second time

Presider: We adore You, O Christ, and we praise You.

**Genuflect**

**ALL: Because by your holy Cross You have redeemed the world.**

Presider: Isaiah 53, 4-6

**ALL: (KNEEL AND PAUSE)**

**Though he was harshly treated, he submitted and opened not his mouth; like a Lamb led to the slaughter or a sheep before the shearers, he was silent and uttered no cry. When he was cut off from the land of the living, and smitten for the sin of His people, a grave was assigned him among the wicked and a burial place with evildoers, though he had done no wrong nor spoken any falsehood. (Is. 53:7,9)**

Presider: Let us pray...

**ALL: Amen.**

Stand

## EIGHTH STATION

### Jesus meets the women of Jerusalem

Presider: We adore You, O Christ, and we praise You.

**Genuflect**

**ALL: Because by your holy Cross You have redeemed the world.**

Presider: Luke 23, 27-28

**ALL: (KNEEL AND PAUSE)**

**Come, all you who pass by the way, look and see whether there is any suffering like my suffering, suffering with which the Lord has afflicted me on the day of his blazing wrath. At this I weep, my eyes run with tears; far from me are all who could console me, far away are any who might revive me. (Lam. 1:12-16)**

Presider: Let us pray...

**ALL: Amen.**

Stand

## NINTH STATION

### Jesus falls a third time

Presider: We adore You, O Christ, and we praise You.

**Genuflect**

**ALL: Because by your holy Cross You have redeemed the world.**

Presider: Psalm 118, 25-28

**ALL: (KNEEL AND PAUSE)**

**The Lord is my light and my salvation; whom should I fear? The Lord is my life's refuge; of whom should I be afraid? When evildoers come at me to devour my flesh, my foes and my enemies themselves stumble and fall. Though an army encamp against me, my heart will not fear; though war be waged upon me, even then will I trust. (Ps. 2 6:1-3)**

Presider: Let us pray...

**ALL: Amen.**

Stand

## TENTH STATION

### Jesus is stripped of His clothes

Presider: We adore You, O Christ, and we praise You.

**Genuflect**

**ALL: Because by your holy Cross You have redeemed the world.**

Presider: Matthew 27, 34-35

**ALL: (KNEEL AND PAUSE)**

**Happy is the man whom God chastises! Do not reject the punishment of the almighty. For he wounds, but he binds up; he smites, but his hands give healing. Insult has broken my heart, and I am weak. I looked for comforters and I found none. Rather they put gall in my food and in my thirst they gave me vinegar to drink (Job 5:17-18; Ps. 68:21-22)**

Presider: Let us pray...

**ALL: Amen.**

Stand

## ELEVENTH STATION

### Jesus is nailed to the Cross

Presider: We adore You, O Christ, and we praise You.

**Genuflect**

**ALL: Because by your holy Cross You have redeemed the world.**

Presider: Luke 23, 33-34; John 19, 18

**ALL: (KNEEL AND PAUSE)**

**My God, my God, why have you forsaken me, far from my prayer, far from the words of my cry? O my God, I cry out by day, and you answer me not; I cry out by night, and there is no relief for me. All my bones are racked. My heart has become like wax melting away within my chest. My throat is dried up like baked clay, my tongue cleaves to my jaws; they have pierced my hands and my feet; I can count all my bones. (Ps. 21:2-3, 15-16, 17b)**

Presider: Let us pray...

**ALL: Amen.**

Stand

**TWELFTH STATION**  
**Jesus dies on the Cross**

Presider: We adore You, O Christ, and we praise You.

**Genuflect**

**ALL: Because by your holy Cross You have redeemed the world.**

Presider: Luke 23, 44-46; John 19, 30b;

**ALL: (KNEEL AND PAUSE) My people, what have I done to you? or in what have I offended you? Answer me. What more should I have done, and did not do? I led you out of the land of Egypt, and you prepared a cross for me. I opened the Red Sea before you, and you opened my side with a lance. I gave you a royal scepter, and you have given me a crown of thorns. With great power I lifted you up, and you have hung me upon a cross. My people, what have I done to you, or in what have I offended you? Answer me. (from the Reproaches of Good Friday)**

Presider: Let us pray...

**ALL: Amen.**

Stand

**THIRTEENTH STATION**  
**The body of Jesus is taken down from the Cross**

Presider: We adore You, O Christ, and we praise You.

**Genuflect**

**ALL: Because by your holy Cross You have redeemed the world.**

Presider: John 19, 33-34, 38a

**ALL: (KNEEL AND PAUSE) O my people, I will open your graves and have you rise from them, and I will bring you back to your land. Then you shall know that I am the Lord. O my people! I will put my spirit in you that you may live. You shall know then that I am the Lord. I have promised it and I will do it, says the Lord. (Ezekiel 37:12-14)**

Presider: Let us pray...

**ALL: Amen.**

Stand

**FOURTEENTH STATION**  
**Jesus is laid in the tomb**

Presider: We adore You, O Christ, and we praise You.

**Genuflect**

**ALL: Because by your holy Cross You have redeemed the world.**

Presider: Matthew 27, 59-60

**ALL: (KNEEL AND PAUSE)**

**I will praise you, O Lord, for you drew me clear and did not let my enemies rejoice over me. O Lord, my God, I cried out to you and you healed me. O Lord, you brought me up from the lower world; you preserved me from among those going down into the pit. Sing praise to the Lord, you his faithful ones, and give thanks to his holy name. For his anger lasts but a moment; his good will is for a lifetime. At nightfall, weeping enters in, but with dawn comes rejoicing. (Ps 3 0:1-5)**

Presider: Let us pray...

**ALL: Amen.**

Stand

**CLOSING \***  
**The Resurrection of Jesus**

**\* May be omitted on Good Friday**

Presider: We adore You, O Christ, and we praise You.

**Genuflect**

**ALL: Because by your holy Cross You have redeemed the world.**

Presider: Mark 16, 1-6

**ALL: (KNEEL AND PAUSE) I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only son, our Lord. He was conceived by the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the God, the Father Almighty. He will come again to judge the living and the dead. I believe in the Holy**

**Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**